

# GROW2.0

## GROWING IN CHRIST

Assessment Question	Take Root	Branch Out	Bear Fruit
I allow God's Word to guide my life and actions.	Read one Bible verse a day.	Read the Bible straight through like a story.	Make a regular habit of studying the Bible in depth. You may want to attend a small group Bible study or attend our Wednesday Night Connections. <a href="http://www.grfirst.org/connections">www.grfirst.org/connections</a>
I am quick to confess anything in my life and character that does not look like Christ.	Evaluate your own character.	Ask a friend to complete the "Spiritual Health Checkup" with you in mind and get feedback on the results.	Find a spiritual partner or mentor and establish a relationship of accountability.
I intentionally seek to grow in a way that reflects the fruit of the Spirit.	Read 1 Corinthians 13:1-13; then evaluate the relationships in your life. Identify specific individuals you dislike or have been reluctant to forgive. Begin to pray for them.	After evaluating the relationship in your life, prayerfully develop ways to address the problems. Begin with those closest to you. Pray that your actions will reflect the fruit of the Spirit.	Keep a journal and reflect on your personal character growth. Ask a mentor to identify areas of weakness and be willing to address these. Be willing to share who Christ is to you and to invest in the growth of someone else.
I am consistent in pursuing spiritual habits that help to model my life after Jesus.	Develop the spiritual habit of praying. When you wake up in the morning, offer a prayer to God.	Take a discipleship class at church. <a href="http://www.grfirst.org/connections">www.grfirst.org/connections</a>	Commit to regularly practicing spiritual habits every day. Have your mentor evaluate which ones you need to pursue.
I find I am making better choices to do what is right when I am tempted to do wrong.	Examine areas of your life where you struggle with temptation. What should you do to start avoiding them?	Develop a plan for handling specific temptations in your life. Have a spiritual mentor help you.	Make confession and repentance a regular part of your time with God. Name the things you have done and commit yourself to making the right choices in the future.
I keep a Bible and prayer journal to record my times spent in the Bible and prayer.	Write down the reference to your Bible reading for the day. Write a sentence-long prayer on how the verse challenged or encouraged you.	As you read through the Bible, write down the passages that stand out to you as you read. Write down prayers that invite God to help you to live out His Word in the areas that the Holy Spirit is pointing out to you.	Make it a regular practice to review your journal to see where God has been working in your life and how He has been answering your prayers. Share your victories and growth with someone you are mentoring.

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## RELATING TO OTHERS

Assessment Question	Take Root	Branch Out	Bear Fruit
I have deep and meaningful connections with others in the church.	Attend a worship service or class regularly.	Take a church membership class and become an active member of Grand Rapids First.	Make it a regular practice to invite others to church. Look for opportunities in your neighborhood, at work or in the marketplace.
I find it easy to receive advice, encouragement and correction from others.	Establish a friendship and share something of your life with that person.	Find a spiritual partner and meet with them about a specific area in your life where you want to grow. Men meet with men, women meet with women.	Be a spiritual partner/mentor to someone else. Share with them your Bible study or a book that is helping you to grow. Meet on a regular basis.
I attend a small group regularly for fellowship and accountability.	Find and attend a small group regularly.	Invite others to your small group or class.	Lead a small group or class on a regular basis.
There is nothing in my relationships that is currently unresolved.	Pray for someone with whom you have a conflict. Make this a regular prayer that will move you towards reconciling the relationship.	Make it a point to seek forgiveness or offer forgiveness to someone with whom you have a conflict.	Mend a broken or hurting relationship in your life and seek to reconcile with that person. Start with someone close to you.
There is nothing in the way I talk or act concerning others that I do not share with them.	Consciously decide not to participate in gossip.	Challenge those who gossip to speak with the person directly.	Make it a point to share directly with a person instead of talking about the person behind his or her back. Only talk to a person who has the power or ability to bring change.
I am sensitive to the leading of the Holy Spirit concerning my friends and conversations.	Pray for increased sensitivity to the Holy Spirit in your relationships with others.	Through the prompting of the Holy Spirit, be willing to address specific needs or issues that you might confront in your daily walk with God. Cultivate sensitivity to the problems and needs of others.	Be willing to become involved as a spiritual mentor to someone who is endeavoring to grow in Christ.

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## OUTREACH TO OUR WORLD

Assessment Question	Take Root	Branch Out	Bear Fruit
I am currently serving God with the gifts and strengths He has given me.	Volunteer to become a ministry partner here at Grand Rapids First.  <a href="http://www.grfirst.org/volunteer">www.grfirst.org/volunteer</a>	Commit to serve regularly in some kind of ministry at Grand Rapids First.	Commit to serve in a leadership role in a ministry at Grand Rapids First.  <a href="http://www.grfirst.org/volunteer">www.grfirst.org/volunteer</a>
I regularly reflect on how my life can have an impact for God's kingdom.	List five ways your life can impact the kingdom of God. Seek a pastor's assistance if you need help.	Take a ministry class on Wednesday and discover your specific place in ministry.  <a href="http://www.grfirst.org/connections">www.grfirst.org/connections</a>	Commit to serve within a ministry that best suits your specific strengths and talents.  <a href="http://www.grfirst.org/volunteer">www.grfirst.org/volunteer</a>
I enjoy meeting the needs of others, expecting nothing in return.	Discuss with a friend five practical ways you can meet needs around you.	Pick one practical way to meet a need within the church and do it.	Serve at your church weekly.  <a href="http://www.grfirst.org/volunteer">www.grfirst.org/volunteer</a>
I feel personally responsible to share my faith with others.	Take an evangelism class such as EQUIP 401 at Grand Rapids First.  <a href="http://www.grfirst.org/firststeps">www.grfirst.org/firststeps</a> <a href="http://www.grfirst.org/connections">www.grfirst.org/connections</a>	Lead your small group through an effective evangelism curriculum.  <a href="http://www.rightnowmedia.org">www.rightnowmedia.org</a>	Lead a small group for those who might be seeking answers or a personal relationship with Christ.
I look for opportunities to build relationships with those who don't know Christ.	Invite an unsaved neighbor, friend or coworker over for lunch or dinner.	Host a gathering with your small group where you also invite unsaved neighbors or friends over for dinner or a time of fellowship.	Lead a small group using an effective evangelism curriculum. Check with a pastor or church leader for some suggestions.
I am open to going anywhere God calls me, in whatever capacity, to share my faith.	Pray for an unreached people group.	Volunteer for a local cross-cultural missions project.  <a href="http://www.grfirst.org/missions">www.grfirst.org/missions</a> <a href="http://www.grfirst.org/volunteer">www.grfirst.org/volunteer</a>	Become a volunteer/ministry partner and make a commitment to serve on a short-term missions trip.

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## WORSHIPING GOD

Assessment Question	Take Root	Branch Out	Bear Fruit
I am sensitive to the daily guidance of the Holy Spirit.	Spend a short time quietly listening for the Holy Spirit's direction at the end of your prayer time.	Spend time reading the gospels and the book of Acts to see how the Holy Spirit led Jesus and the apostles. Reflect on how you can depend on the Holy Spirit's guidance in your life.	Spend time meditating on the scriptures you read. Allow the Holy Spirit to speak to you through them. Journal what you feel the Holy Spirit is saying to you. Review at the end of your day.
There is nothing in my life that I have not surrendered to God.	Take an inventory of your life and note everything you have not surrendered to God. Share your results with a friend. How can you surrender these things?	Set up a plan for giving up one thing that you have held back from God. Consider asking a friend or spouse to hold you accountable.	Regularly fast from the things you have trouble surrendering to God.
I regularly use my time and resources to serve the Lord.	View your family and/or job as a ministry. Commit to tithing.	Commit to serve one hour at your church during the week. Practice giving beyond the tithe as the Holy Spirit prompts you.	Commit to serve in a ministry at the church that may require more time. Give sacrificially, responding by faith as God directs you.
I have a deep desire to spend time in God's presence.	Give God a one-minute prayer every day.	Set aside some time to go on a spiritual retreat to be alone with God.	Identify a place you can go to focus on God and worship Him. Make it a habit to spend time in this place regularly.
I am the same person in public as I am in private.	Ask a friend or spouse to complete the "Friend Feedback Assessment."	Compare the information received from your friend or spouse in the "Friend Feedback Assessment" with your own checkup scores.	Set up a regular appointment with a friend, spouse or mentor to discuss how well you are living a life that is transparent. Allow this person to speak the truth to you and to hold you accountable.
I regularly attend church services on a weekly basis.	Arrange your calendar around regular church attendance.	Attend both Sunday and mid-week services.	Get involved in a ministry that supports Sunday or mid-week church services.